# The origin of war and peace



# **Christof Plothe DO**

# The official origins of war

### **Historical Conflicts:**

Wars have been a recurring feature of human history, dating back thousands of years.

### **Human Nature:**

Some argue that the origins of war can be traced to inherent aspects of human nature.

### **Societal Factors:**

Societies and their structures can play a role in the origins of war (competition for resources, territorial disputes, power struggles, and ideological differences)





# The official origins of war

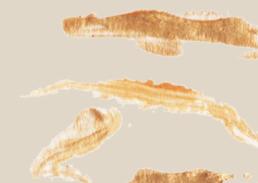
**Political and Economic Factors:** Political ambitions, economic interests, and the pursuit of power have frequently been catalysts for war. (Rivalries between nations, expansionist policies, strategic resources)

**IInternational Relations:** The dynamics of international relations, including alliances, rivalries, and the balance of power, have shaped the origins of war.

**Cultural and Ethnic Factors:** Cultural, ethnic, and religious differences have often played a role in the origins of war.

# But in reality:

The true nature of wars stems not from the collective but from traumatized individuals, mostly males, of the political or economic elite equipped with arms.



# It reaches the public via mass manipualtion (Appeal to Nationalism, nowadays via Media, Internet, etc.)



# The main tool

# 1831)





### General Klauswitz (1 June 1780 - 16 November



# The modern use of war rhetoric and fear



# Medicine

# **Desensitization to violence**

Media, Movies, etc Violence, crime, etc.

# Internet

Smartphone, social media, etc.

### (War against virus, fight diseases, etc.



**Free trade and interdependence:** A central idea of classical liberalism was that free trade promotes peace.

**Democratic peace theory:** Democratic peace theory states that democracy promotes peace because of the accountability, institutions, values and norms of democratic countries.

**Territorial peace theory:** Territorial peace theory argues that peace prevails when justice exists and a community has nonviolent ways to resolve its differences. Peace is also achieved when human rights exist and social justice is the norm.

# The official origins of love

**Biological Perspective:** From a biological standpoint, love can be attributed to the human brain and its chemical processes. (dopamine, oxytocin, and serotonin, ect) **Evolutionary Perspective:** Suggests that love, particularly romantic love and pair bonding, has developed as a mechanism to ensure the survival and reproduction of our species.

**Psychological Perspective:** focusing on emotions, attachment styles, and interpersonal dynamics. **Sociocultural Perspective:** Influenced by sociocultural factors, including social norms, cultural beliefs, and societal expectations.

Spiritual and Philosophical Perspectives: Discuss love as a transcendent and universal force percieved by plants, animals, humans....



# Trauma is the force to supress love



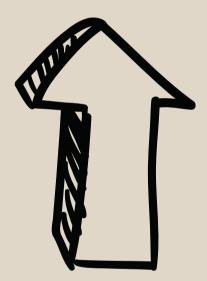
# Main aim in educating humans: To have peace with

- Other human beings
- All life forms around us
- With the creator



## War is a sign of immaturity and peace a sign of maturity. World Council For Health Dr E Sahtouris

Cooperation Love Forgiveness Gratitude





# Love



# Forgiveness

# Let's teach and spread





# Gratitude



